# **DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - BREAKFAST**

DISHES					Do.	Upin Flour	Milk		MUSTARD			Sistant		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
QUAY FULL ENGLISH		✓		✓										
QUAY VEGGIE B'FAST		<b>√</b>		✓		<b>√</b>								
QUAY VEGAN B'FAST		<b>√</b>												
EGGS BENEDICT		<b>√</b>		✓		<b>√</b>								
EGGS ON TOAST		<b>√</b>		✓										
SMASHED AVOCADO		✓												
GARLIC MUSHROOMS		<b>√</b>												
BACON SANDWICH		<b>√</b>												
SAUSAGE SANDWICH		✓												
VEGAN SAUSAGE SANDWICH		<b>√</b>												

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# **DISHES AND THEIR ALLERGEN CONTENT – QUAY ARTS – LUNCH**

DISHES						Lupin Flour	Milk		MUSTARD					Boer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
QUAY BURGER		✓					<b>√</b>		<b>√</b>					
MOVING MOUNTAINS BURGER		✓											✓	
CHICKEN ARRABIATA		<b>√</b>					<b>√</b>						✓	
SPANISH LENTIL STEW		✓							✓				✓	✓
MACARONI CHEESE		✓					<b>√</b>		✓					
THAI FISH CAKES			1		✓		<b>√</b>							

Review date: 13/2/23



# **DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - SANDWICHES**

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSAM SSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN BACON & MAYO		✓												
EGG MAYO		<b>√</b>		✓										
TUNA MAYO		<b>√</b>			✓									
CHEESE & PICKLE		✓					✓						✓	
HAM & MUSTARD		✓							✓					

Review date: 13/2/23



# **DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - WRAPS**

DISHES					Do.	Lupin Flour	Milk		MUSTARD			SISSAM		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SF CHICKEN	✓	✓							✓					
VEGAN CHICKEN & SWEET CHILLI		<b>√</b>												
FISH FINGER + TARTARE		✓			✓								✓	✓
VEGAN FISH FINGER		✓											✓	
ROASTED PEPPER		<b>√</b>										✓		
BLT		<b>√</b>												

Review date: 13/2/23

# **DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - JACKETS**

DISHES						Lupin Flour	Milk		MUSTARD			SISMU.		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
TUNA MAYO					✓									
CHEESE & BEANS							<b>√</b>							
CHEESE & BACON							<b>√</b>							
VEGAN CHIQ	<b>√</b>	<b>√</b>							<b>√</b>				✓	✓

Review date: 13/2/23



# **DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - SIDES**

DISHES					D°	Lupin Flour	Milk		MUSTARD			SSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHIPS														
CHEESY CHIPS							1							
GARLIC BREAD		✓												
CHEESY GARLIC BREAD		✓					1							
QUAY SIDE SALAD														
BROWN / WHITE BLOOMER		<b>√</b>											✓	
VEGAN POTATO BUN		<b>√</b>		✓			1						✓	
BREAKFAST MUFFIN		1											✓	
GF BREAD ROLLS				✓										

Review date: 13/2/23

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# DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - SAUCES & EXTRAS

DISHES					D°	Lupin Flour	Milk		MUSTARD			SSAM		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BALSAMIC DRESSING														
VEGAN MAYO														
GARLIC MAYO				<b>√</b>					<b>√</b>					
COLESLAW														
HUMMUS												✓		
BEANS		✓												
TARTARE SAUCE				<b>√</b>					<b>√</b>					
GRAVY														
CAESAR DRESSING		✓		<b>√</b>		<b>√</b>								
SWEET CHILLI DIP														

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