## DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - BREAKFAST

| DISHES |  |  |  |  | 年定 |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur <br> Dioxide |
| QUAY FULL ENGLISH |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| QUAY VEGGIE B'FAST |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { QUAY VEGAN } \\ & \text { B'FAST } \end{aligned}$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| EGGS BENEDICT |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |  |
| EGGS ON TOAST |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| SMASHED AVOCADO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC MUSHROOMS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BACON SANDWICH |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SAUSAGE SANDWICH |  | $\rho$ |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGAN SAUSAGE SANDWICH |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DISHES |  |  |  |  | 苼 |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| QUAY BURGER |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |
| MOVING MOUNTAINS BURGER |  | $\nu$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| CHICKEN ARRABIATA |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| SPANISH LENTIL STEW |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |
| MACARONI CHEESE |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |
| THAI FISH CAKES |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
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## DISHES AND THEIR ALLERGEN CONTENT - QUAY ARTS - SANDWICHES

| DISHES |  |  |  |  | $\underbrace{\sqrt{1111}}_{-10}$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| CHICKEN <br> BACON \& MAYO |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| EGG MAYO |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| TUNA MAYO |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| CHEESE \& PICKLE |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| HAM \& MUSTARD |  | $\sqrt{ }$ |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
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| DISHES | $\sqrt[3]{\sqrt[3]{2} / \sqrt{2}+5}$ |  |  |  |  |  |  |  | $\square$ |  |  |  |  |  |
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|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| SF CHICKEN | $\sqrt{ }$ | $\sqrt{ }$ |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
| VEGAN <br>  <br> SWEET CHILLI |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| FISH FINGER + TARTARE |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |
| VEGAN FISH FINGER |  | $\boldsymbol{J}$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| ROASTED PEPPER |  | $\boldsymbol{J}$ |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |
| BLT |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
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| DISHE |  |  |  |  | 药 |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| BALSAMIC DRESSING |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGAN MAYO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC MAYO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| COLESLAW |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HUMMUS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BEANS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TARTARE SAUCE |  |  |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
| GRAVY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CAESAR DRESSING |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SWEET CHILLI DIP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Review date 13/2/23 |  |  |  | Revie | ed by: | V.Walker |  |  |  |  |  | dards Cy | can find this ding more in .food.gov.uk | plate, mation at ergy |

