



QUAY ARTS

CAFE

- THE BREAKFAST MENU -

Served 9:30 - 11:30am

THE QUAY BREAKFAST.....£7.00
Bacon, Egg, Sausage, Tomato,
Mushroom and Toast. **(GF*)**
Includes tea or coffee for one.

THE BIG QUAY BREAKFAST.....£9.00
Bacon, Two Eggs, Sausage, Tomato,
Mushroom, Sweet Potato Fries, Beans
and Toast. **(GF*)**
Includes tea or coffee for one.

EGGS BENEDICT.....£6.50
Ham on toast, with Poached Eggs and
Hollandaise. **(GF*)**

EGGS POPEYE.....£7.00
Ham & Wilted Spinach on toast, with
Poached Eggs and Hollandaise. **(GF*)**

EGGS FLORENTINE.....£6.50
Wilted Spinach on toast with
Poached Eggs and Hollandaise.
(GF*)(V)

MUSHROOMS ON TOAST.....£6.00
Field mushrooms on toast with brie
and toasted seeds. **(GF*)(V)**

VEGETARIAN BREAKFAST.....£7.00
Wilted Spinach, sweet potato,
mushrooms tomato, egg and toast.
(GF*)(V)(VGN*)
Includes tea or coffee for one.

BACON OR SAUSAGE SANDWICH.....£4.50
Add Egg for £1. **(GF*)**

TOAST.....£2.00
Two slices of thick cut granary or
white toast with butter. Add jam,
Marmite or marmalade for 50p.
(GF*)(V)

TOASTED TEA CAKE.....£2.00
Served warm with butter. **(V)**

PORRIDGE.....£5.00
Oats and seeds, honey and jam.

- FRESH JUICE -

Served Until 12pm

QUAY JUICE.....£4.00
Celery, Kale, Apple, Parsley, Lime,
Lemon and ginger.

REFRESH.....£4.00
Orange, Lime, Lemon, Ginger &
Carrot.

DETOX.....£4.00
Apple, Melon, Pear, Ginger and Chilli.

BREAKFAST JUICE.....£3.50
Orange and pink grapefruit.

FRESH JUICE.....£3.50
Orange, Apple, Pineapple or Pink
Grapefruit.

www.quayarts.org



If you have any food or drink allergies please speak to a member of staff before placing your order. **Thank you**

- THE LUNCH MENU -
Served 12 - 3pm

FRITTATA.....£6.50
See specials board for filling of the day. Served with side salad.

THE QUAY BURGER.....£9.50
Isle of Wight beef burger in a seeded bun. Served with sweet potato fries and salad garnish. Add mushrooms, bacon, egg, avocado or cheese for £1.

THE QUAY VEGGIE BURGER.....£8.50
See specials board for veggie burger of the day. Served with sweet potato fries and salad garnish.
(V)(VGN*)
Add mushrooms, bacon, egg, avocado or cheese for £1.

SOUP OF THE DAY.....£5.00
See special board. Served with white or seeded bread. Add a cheese toastie for £2.50.

MACARONI CHEESE.....£6.50
Pasta with cheese sauce. Served with garlic bread and salad garnish. **(V*)**

SWEET POTATO JACKET.....£6.50
Served with a choice of fillings (see specials board) and salad garnish.

SWEET POTATO FRIES.....£4.00
Served with a choice of four coatings. Plain, Cajun spiced, Parmesan & Herb or Garlic Salt.
(GF)(V)(VGN)

- THE QUAY DELI -
Served 9am - 3pm

Choose from a range of salad, meats & cheeses from our deli cabinet.

SIDE SALAD.....£4.50
MAIN SALAD.....£6.50
UPDATE YOUR SALAD GARNISH TO A DELI..£2.00



FREE Wi-Fi
Search for
QUAYLINE

GF*, VGN* - available on request

- THE SANDWICH BAR -
Served 12 - 3pm

Available as a **SANDWICH** (white, brown or gluten free bread), **TOASTED SANDWICH, WRAP** or **PANINI**. All served with salad garnish and tortilla chips.

CHEESE (V).....£4.50

HAM & CHEESE£4.95

FREE RANGE EGG & CRESS (V).....£4.95

BLT.....£6.00
Bacon, Lettuce and Tomato.

HUMMUS, BEETROOT & SWEET CHILLI (V)(VGN)£5.50

BUILD YOUR OWN SANDWICH

Build a sandwich the way you like it. Served with salad garnish and tortilla chips.....**£4.00**

Choose from Seeded Brown Bread, White Bread, Gluten Free Bread, Wrap, Panini or Toasted Sandwich and then load it with the fillings you love.

Fillings

Cheese, Ham, Onion, Coleslaw, Tomato, Egg Mayonnaise, Beetroot, Hummus, Spinach, Cucumber, Chutney, Grated Carrot, Marmite, Grape, Peanut Butter, Jam, Olives or Sweetcorn.....**£0.50 each**

Bacon, Avocado, Sausage, Halloumi, Corned Beef, Chicken, Brie, Feta, Roasted Peppers, Sundried Tomatoes or Mozzarella**£1.00 each**

Ventnor Crab, Garlic Mushrooms, Fish Fingers, Coronation Chicken or Chicken Bacon & Mayo.....**£2.50 each**

Add a dressing

Sweet Chilli, Lemon Honey & Mustard, Balsamic Vinegar & Olive Oil or Mayonnaise

Please note - fillings are subject to availability